



Pine Line

Pine Meadows Community Newsletter

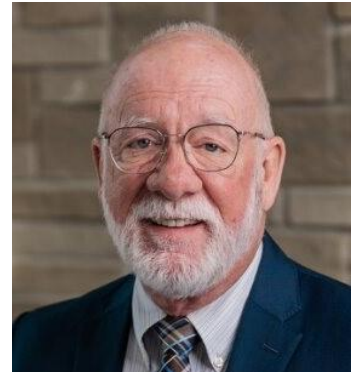
February 2024

When I joined the PMHA Board a few years ago, I was assured that there really wasn't much that went on over the winter. Since so many people travelled south, they didn't even schedule Board meetings between December and April. Apparently, I've been led astray! Not the first time. We have been VERY active it seems. Here are some of the things going on.

The Photo Section of the Pine Meadows Website is now back in operation and the newest pictures from New Years Eve are posted.

Thanks Chris Larsen! Access is through the website, www.pmhahome.ca and **restricted to residents** by signing in using your username (or email address) and password. Then scroll down to the box that says PHOTOS and click on VIEW PHOTOS, scroll down to the Gallery you want to view (it is organized as latest i.e. New Years Eve first). Any comments, suggestions welcome.

Email chrislarsen48@hotmail.com.



Doug Wilson has stepped up to organize and lead Men's Aquafit daily at the pool. This has taken some leadership, cooperation and accommodation from a number of people. Notably Doug, of course, Larry Pope, Activities Director, Dana Burdenuk, General Manager, Pine Meadows, Pine Meadows maintenance staff (Peter) and any number of residents willing to accommodate a change in pool schedules (with no loss of pool availability) Thank you all and Well Done!

You'll notice some changes in the Grand Hall. With PMRC, MCRC, Residents and suppliers working exceptionally well together, we are replacing the tables in the Grand Hall and the card tables available for our various activities. Costs for the hall tables will be funded from our maintenance fees with any money received for the sale of the old tables going back into that same fund. PMHA will pay for the new card tables with any table purchases coming back to us. If you're interested in buying either type of table, watch for info at the Community Centre. A very special thank you to Louise De Corso for her recommendation of a supplier for the tables. Saved us hundreds of dollars. Please buy Louise a coffee when you can!

SEEKING RESIDENT TALENT

Website Management – We are looking for someone with web site experience and skills to help us lead the optimization of the PMHA Website. If this is an area of past experience or simply of interest, please come forward.

Archivist/Records Management – PMHA has 20 some years of documents, processes, records and data that we feel needs some oversight, organization, and clean-up. A background in records management, libraries or document control would be helpful.

I said in last month's message that I was going to try to be more appreciative. I'm literally blown away by all the people who pitch in to make this community work as well as it does. From MCRC and Pine Meadows staff who have worked long and hard to bring us in under-budget on maintenance costs, to the early morning shovelers who awaken us with that gentle shovel scraping as they clear our garage doors and front walkways, to the myriad of activity volunteers who just keep on, keeping on, week after week, Thank you. Without doubt I have forgotten people who should be thanked. Let me know, and I'll thank them (and you) when I can. Have a great month!

....Avon

PMHA President Email: avongiddings@gmail.com 647-967-2111

Cards Cards Cards

For card requests, please contact: Kathryn Dancey 519-843-5216
Marni Henry at 226-486-2432



Our community sent "Get Well Soon" or "Thinking of You Wishes" to the following residents:

Shirley Austin 23 White Bark Way

Condolences – We were saddened to hear of the passing of residents Thais Frook 154 Pine Ridge Road, Karen MacPhee 184 Lace Bark Lane and Terry Raynor 39 White Bark Way. Condolences are extended to families from the residents of Pine Meadows.

Sympathy cards were sent to:

Gary and Amina Renaud 192 Pine Ridge Road on the passing of Gary's mother.
Cary MacPhee 184 Lace Bark Lane on the passing of his wife Karen.
Joan Raynor 39 White Bark Way on the passing of her husband Terry.
Barry Frook 154 Pine Rodge Road on the passing of his wife Thais

A Special Welcome to our New Residents!

Pine Meadows heartily welcomes you to our beautiful and caring community

Andrew and Mary Ann Simpson

31 White Bark Way

Jim and Joanne Alexander

181 Lace Bark Lane



MAINTENANCE COST REVIEW COMMITTEE (MCRC)

With the light snowfall at the end of the year, our general maintenance costs continued to be under our monthly fees. However, in the area of project costs, we made significant initial payments on two projects to be completed next year: the replacement of the dehumidifier for the swimming pool room and the replacement of the heating / air conditioning unit for the Grand Hall. These payments will reduce the refund we are expecting for this year's maintenance costs but we are still in a very favourable position with regard to our cost per household for the year.

The maintenance cost report for December, 2023 has been posted in the Boardroom for you to review. In addition, It has also been posted on the Pine Meadows Homeowners Association (PMHA) website. This report, prepared by the management of Pine Meadows Retirement Community Limited, shows all expense items, revenue items, costs per home per month and many other details.

Please take a moment to look at the report and, if you have any questions, you can contact Gabriele Filce, the MCRC chair, by telephone at (519) 843-2125 or email at **nanaFilce@yahoo.com** and she will be more than pleased to research your questions or you can contact any of the MCRC members.

Pine Meadows Ladies Group

Lois MacPherson

During February the ladies will be having learning opportunities involving a variety of handwork skills.

Evelyn will be instructing us in cro-hooking, also helping those who are working on Swedish Weaving projects. Lois will be attempting to do creative stitching/embroidery on wool and/or felt and hoping some of the ladies will be able to assist her. As always, ladies are welcome to bring their own projects to work on as we socialize.

February 19 is Family Day. No meeting, but we hope you are able to enjoy time with your family

February 26: Elke will be instructing us on making, Never Ending Cards. Sign up required

Line Dancing

Anne Thomson-King

Do you like to dance when you hear music?

Why not shake the winter blues with Line Dancing?

We learn different steps from many types of dance, and put it together and move to the music.

Doug Wilson and Anne Thomson-King are facilitating this class for Lynda Langdon until she comes back from the south.

We would love to see you!

Thursday's at 2:00 pm in the Grand Hall.

MEN WANTED – AQUAFIT

Doug Wilson

We are starting up the Men's Aquafit again on Monday February 5th. We will have a class from 1 - 2PM daily, Monday to Friday. Come every day or choose your own schedule that works for you.

If you have any questions or need more information, please contact:

Doug Wilson - 129BCC

DouginElora@gmail.com 226-821-0090

WHY? Benefits:

Improves Heart Health

Lowers Blood Pressure and Improves Circulation

Reduces risk of Heart and Lung Disease and Type 2 Diabetes

If you were to do a 30 minute swim, that can burn over 200 calories - more than double that of walking. Since walking outside in the Winter is not always doable and it's warm in the pool.

Beneficial especially for Seniors - Maintaining muscle strength, helps prevent falls and improves overall mobility

Also beneficial for joint mobility to reduce the pain and stiffness of arthritis.

THANK YOU, THANK YOU, THANK YOU!

DOLLAR (or whatever) A DAY FUNDRAISER

Before heading down to sunny Florida, I was able to submit the cheques from the **Dollar (or whatever) A Day** fundraiser to Groves Memorial Hospital Foundation. The cheques totalled \$11,075.00 and the e-transfers and direct cheques were rolling in (more than \$2,500.00 at that point). The response to this fundraiser was incredible and I thank everyone who participated for their very generous donations. By now you will have heard from Sue Anderson what was raised – the best Quarter or Dollar A Day we have ever had – and we would never have achieved this without your help. Our final goal of \$500,000 is very close.

The good news is that, this year, we are not doing the **Dollar (or whatever) A Day** fundraiser! Instead we will be having a **Spring Matching Donation** event. See the poster for more information. You will still receive a tax receipt for your donation but the amount will be matched – doubling the benefit for our fundraising.

Thank you, again, for everything.

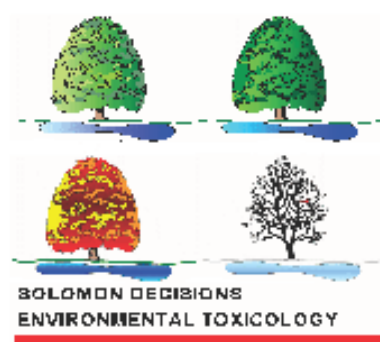
Sandra Solomon, *Dollar (or whatever) A Day* Fundraising Chair

131 Bristlecone Court

**THANK
YOU!**



We are **94% to our \$500,000** fundraising goal for the New Groves Hospital
Less than \$30,000 left... Thank you all!



SOLOMON DECISIONS WILL
MATCH ALL DONATIONS
MAY 1ST - JUNE 30TH
UP TO \$15,000 - DOUBLE
YOUR GIVING & HELP REACH
THE FINISHING LINE!

Make cheque payable to Groves Hospital Foundation and give to Sue Anderson or Sandra Solomon; for any questions or other donation options, speak to Sue or Sandra.

**You will receive a tax receipt for your donation
AND it will be matched when cheques are
presented to Groves!**



Birthdays and Anniversaries for February

The following are the names of Pine Meadows residents who are celebrating either a birthday or anniversary the month of February.

<i>Birthdays:</i>		<i>Anniversaries:</i>	
Judy Dick	February 2 nd	Keith and Betty Frost	February 13 th
Ian Marr	February 3 rd	Tom and Carole Jansen	February 14 th
Mike Stock	February 5 th		
Roberta Hunter	February 9 th		
Jim Webster	February 15 th		
Leona Howard	February 15 th		
Donna Chalmers	February 18 th		
Mary Tocher	February 26 th		
Ken Chalmers	February 27 th		



Congratulations Everyone!

To have birthdays and anniversaries noted in the Pine Line each month and announced at Koffee Klatch, please send your info to Jackie Piercey. Her contact info is (piercey.jackie@gmail.com) or call 905-703-0372 and she will update her list.

Koffee Klatch

Jackie Piercey



February 7th

Social Time (YouTube)

Fight fatty liver and diabetes

Top 10 food to eat

Dr Jia-Yia Liu discusses how fatty liver can be reversed



February 14th

Social Time (You Tube)

Which is the healthiest bread?

It's not what you think.

Dr Jia-Yia Liu will shed some light on finding health bread.



February 21st

Amber Pinto from Bold Canines is back.

This time she has her dogs to show us some training techniques.



February 28th

Dr. Clarissa Burke will tell us about the proposed Aboyne Rural Hospice.

A 10 bed unit serving Wellington County.

Ladies Who Lunch

Jackie Piercey

Ladies Who Lunch that was cancelled in January because of weather, will now be rescheduled in March. Watch the bulletin board for sign up sheet.

Volunteers are needed to arrange future luncheons.



Social Committee Updates

Chris Larsen

New Year's Eve Gala

We had 80 residents and friends usher in 2024 at the New Year's Eve Gala. The evening began with a social hour with Red and White wine from Vinden Estates compliments of the Social Committee. This was followed by a Caesar salad, a delicious Sirloin Beef Dinner complete with Yorkshire pudding, vegetables, mashed potatoes, and gravy and topped off with Apple Strudel and whipping cream for dessert. The meal was catered by Everton Academy of Culinary Arts again this year. Digital DJ from Fergus played listening music during dinner and had everyone up dancing following coffee and tea. The dance floor was hopping all night long with line dances, fast numbers, slow romantic waltzes, and many group dances. There were spot dances with wine for prizes and the main door prize of a gift basket valued at \$75. Most participants stayed until Midnight, and some till the wee hours of the morning.



Everyone enjoyed the evening and some even said it was the best New Years Party ever! A few people couldn't make it due to illness but were able to pick up their meals and enjoy at home.

Court Whist

32 players played Court Whist and didn't want to go home at the end of the night. The most challenging series of games was when there was a penalty for talking after the cards were dealt. Maintaining silence was stressful if the looks on players faces were any indication. Almost as difficult was the series where losing tricks resulted in a higher score. At the end of the night, Ted White was victorious with 241 tricks for a prize of \$46, second place was Isabella Hood and Jackie Piercey was third. The Share the Wealth draw of \$90 was shared between Ian Marr, Susan Stock and Brian Stainton. Snacks were provided by the Social Committee.



Valentines Potluck Dinner

On Saturday February 10 there is a Potluck Dinner planned. The signup sheet is on the Bulletin Board (former Golf Board) for the dinner. Please sign up as a table of 10 so the meal choices can be shared amongst the participants. The suggested dishes are Appetizer, Salad, Potatoes, Rice or Pasta, Vegetables, Meat or Seafood, Dessert, rolls and butter. There will be music to accompany dinner and if people are so inclined to dance afterwards there will be music provided.

Please bring your own place setting and cutlery. Bring your own Beverages. Coffee and Tea will be available. There will be a Share the Wealth draw.

The Pine Line

The Pine Line is the monthly newsletter of Pine Meadows residents and is produced for the Pine Meadows Homeowners' Association by the Pine Line Team which currently consists of:

Coordinators/Editors: Linda Webster and Perry Adams.

Pine Line Committee Members: Anne Chery, Joyce Giddings, Heather Denomy, Myra Manning and Grant Swift.

We are always looking for more team members to proofread the final draft of the Pine Line and attend our pre-publication meeting. If you are interested, please contact either Linda or Perry.

The Pine Line depends on submissions by the various activity groups within Pine Meadows and by you, the residents. Submissions should be made electronically (by email) to pinemeadowsnewsletter@gmail.com or can be placed in the Pine Line box in the main lobby of the Recreation Centre or internal mailbox #35 or #70.


The submission deadline for the December issue, is the 14th of the month. The deadline for the remainder of the months is the 21st. While a high priority is to include all submissions, space requires that some submissions be omitted, or delayed to a future edition of The Pine Line



Pine Meadows Homeowners' Association – Events Calendar

February 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Ground Hog Day	3
4	5	6	7 KK Social -Top 10 foods to eat	8	9	10 – Valentine Pot Luck 6 pm
11	12	13	14 KK Social-Healthiest bread 	15	16	17
18	19	20	21 KK Bold Canines	22	23	24
25	26	27	28 KK Aboyne Rural Hospice –			
	Safety/Security – Barry Wood	Children's Pool hours: 2:30 - 5:00 p.m. daily 6:30 - 7:30 p.m. daily		Reservations & Kitchen Committee Heather Waring		
11:00 French Connection	8:30 Walk for Fitness 9:00 Water Aerobics 9:00 Wood Carving 10:15 Water Aerobics 11:30 SMART Program 12:00 Billiards – Men 1:00 Men's Aquafit 1:30 Pine Meadows Ladies Group 7:00 Billiards – Men	9:00 Water Aerobics 10:00 Tai Chi 10:15 Water Aerobics 1:00 Billiards – Men 1:00 Men's Aquafit 1:30 Ladies Bridge 7:00 Mixed Darts 7:00 Poker	8:30 Water Aerobics 9:30 Koffee Klatch 11:30 SMART Program 1:00 Men's Aquafit 7:00 Euchre (2 nd and 4 th Wednesday) Bid Euchre (1 st , 3 rd and 5 th Wednesday)	9:00 Water Aerobics 9:30 ROMEOS 10:15 Water Aerobics 1:00 Men's Aquafit 2:00 Ladies Billiards 2:00 Line Dancing 2:00 – 4:30 pm Pool Cleaning 6:30 Pickleball	8:30 Walk for Fitness 9:00 Water Aerobics 10:15 Water Aerobics 11:30 SMART Program 12:00 Billiards – Men 1:00 Men's Aquafit 1:00 Cribbage 4:00 Happy Hour	7:00 Mixed Billiards