



Pine Line

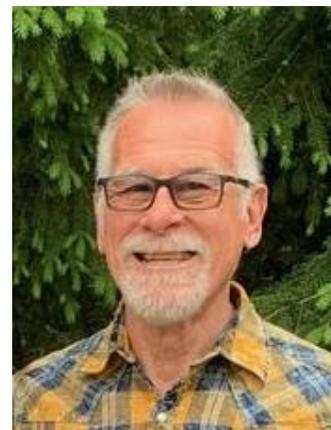
Pine Meadows Community Newsletter

February 2025

February is both an interesting and peculiar month for me. It was named after **Februa**, a Roman purification festival involving ritual washing (cleansing), and offerings to the gods to atone for mistakes. It was held on February 15 (full moon) in the old lunar Roman calendar.

Today, February is most notable for Valentine's Day and Black History Month. It is also the shortest and often coldest month of the year with only 28 days, or 29 days every four years (leap year). The month usually feels like the longest month of the year. February keeps getting unique especially since we have encompassed Valentine's Day for celebrations in our culture.

Valentine was a Christian martyr who lived in the late 2nd and early 3rd century AD. At his execution, he was said to have cured the blindness in his jailer's daughter, and his final act was to write her a love message signed **'from your valentine.'** Valentine's Day was not celebrated as a day of romance until about the 14th century. During the Middle Ages, it was commonly believed in France and England that February 14 was the beginning of birds' mating season. To end all the confusion, the Pope abolished pagan fertility rituals and declared 14 February St. Valentine's Day.



February is symbolized in flowers by violets and primroses, which are birth flowers signifying modesty, faithfulness, and virtue. Flowers have been said to have individual meanings for thousands of years, with the ancient Persians attributing to this system. Customs have evolved for giving flowers on Valentine's Day, most often symbolized by red roses because of their rich symbolism and association in various folklore and cultures, including Greek (Aphrodite), Roman (Venus), and ancient Egyptian (Isis) mythologies.

In Canada, the USA and Great Britain, the flower connection to Valentine's Day harkens back to the 19th century, when Victorians used floral bouquets to deliver a message to love interests. Today the celebration has spread throughout much of the world for symbolizing love.

The tradition of giving chocolate on Valentine's Day serves as a reminder that love, like chocolate, can be sweet, comforting, and worth savouring. It has a history as a love food because cocoa beans contain tryptophan and phenylethylamine, chemicals which are connected to improved mood and happiness and can make you feel energized.

Unless you are allergic, enjoy some chocolate on Valentine's Day if not every day of the year. Hope for an early spring around March 1...

Chris Rynberk. President of PMHA

rynberkc@gmail.com

Cards Cards Cards

For card requests, please contact: Kathryn Dancey 519-843-5216
Marni Henry at 226-486-2432

Our community sent “**Thinking of You / Get Well Wishes**” to the following residents:

Terry Green 86 White Bark Way
Barry Wyant 75 White Bark Way
Larry Pope 112 White Bark Way



We were saddened to hear of the passing of former residents Hans Steinhauser and Rene Cowl.

Maintenance Cost Review Committee (MCRC)

Barry Wood, Recording Secretary

At last, some good news for the end of the year. In spite of some costs for snow clearance, overall maintenance costs for the month of December were well below our monthly fees. Unfortunately, this late surplus was not enough to overcome the costs incurred early in the year for some major capital projects. There will still be a significant payment required from residents to cover the shortfall for the year.

The maintenance cost report for December, 2024 has been posted in the Boardroom for you to review. In addition, it has also been posted on the Pine Meadows Homeowners Association (PMHA) website. This report, prepared by the management of Pine Meadows Retirement Community Limited, shows all expense items, revenue items, costs per home per month and many other details. Please take a moment to look at the report and, if you have any questions, you can contact Nancy Ottewell, the MCRC chair, by email at nottewell@gmail.com and she will be more than pleased to research your questions or you can contact any of the MCRC members.



Chair Yoga Drop In
\$5.00 per session
Tuesdays 2 pm – 3 pm
Starting February 18th
Convener
Susan Stock 192 PRR
905-630-8496

Social Committee Update

Chris Larsen

New Year's Eve Gala

The evening started off with a social time prior to dinner. After Grace was said by Linda Webster, the salad was served with the main course following. This year there was a choice of either Pork Tenderloin or Baked Salmon in phyllo pastry. Either choice was enjoyed by the 78 residents who were able to make it out. For those who had last minute health issues, takeout meals were provided. Wine was included with the meal and the final course was a cheese cake for dessert.

A dance with music provided by Digital DJ rounded out the evening which carried on through midnight until the wee hours of the morning. The Share the Wealth draw was shared by Clyde Henry, Carole Rosinski and??. Sorry can't remember the third person, blame it on the red wine.



Court Whist January 13th

With many people suffering from colds, and the snow still falling, we only had 7 tables of 4 for the first event of the new year. However, everyone had a great time playing a total of 24 hand of cards, switching every 4 hands so that games were played with a variety of partners. The big winner was Clyde Henry who won enough to take Marni out for their Anniversary meal this week. Second place went to Ron Goddard who kindly donated his winnings back to the Social Committee. Thanks Ron! The Share the Wealth draw was shared between Joanne Alexander and Ian Marr. Congratulations.

Coming Up: Valentine's Potluck Dinner Saturday February 15th

Social at 6pm, dinner at 6:30pm. Signup sheet is on the Bulletin Board, tables of 10 to designate what each person will bring to the dinner. Appetizers, salad, main course (meat/seafood/vegetarian), potatoes/rice/pasta, vegetable, dessert. BYOB. Share the Wealth draw. Tea and Coffee provided by Social Committee. Dancing music will be provided after dinner for those interested in a romantic swing around the dance floor.

2025 Social Committee Excursion Planning

Here are some of the Excursion Plans that we are currently working on for 2025:

“Day at the Races in Elora, Grand River Cruise, Wine tour & Theatre/Shopping Bus Trip to Niagara on the Lake, Collingwood Boat Tour, Nashville Grand Old Opry Bus Trip. “

We have received a few emails expressing interest in excursions. We also have put a poster up on the Social Committee Bulletin Board for feedback or to express interest. You can also continue to send an email to pmsocialcommittee2025@gmail.com



Birthdays and Anniversaries for February

The following are the names of Pine Meadows residents who are celebrating either a birthday or anniversary the month of February.

<i>Birthdays</i>		<i>Anniversaries</i>	
Ian Marr	February 3	Keith and Betty Frost	February 13
Mike Stock	February 5	Tom and Carole Jansen	February 14
Vera Shoemaker	February 9		
Roberta Hunter	February 9		
Leona Howard	February 15		
Donna Chalmers	February 18		
Mary Tocher	February 26		
Ken Chalmers	February 27		

Congratulations Everyone!

To have birthdays and anniversaries noted in the Pine Line each month and announced at Koffee Klatch, please send your info to Jackie Piercey. Her contact info is (piercey.jackie@gmail.com) or call 905-703-0372 and she will update her list.

Display Case Joyce Giddings

Bears and pairs



So many teddy bears! They all belong to Bonnie Bottomley. Thank you, Bonnie for sharing your collection with us.

How did Bonnie amass such a huge collection? From her daughter-in-law, who created and sewed all the bears, except one which Bonnie made.

Bonnie's daughter-in-law, and her mother, owned a business creating and selling teddy bears. Many were custom-made, including the police bear made for her brother-in-law when he retired from the force. (see photo). Bonnie said her daughter-in-law has won many awards for her works, including internationally for her polar bear. What a talent!

We are going to do something completely different in February with the theme "Love is in the Air. Watch for wedding pictures from some residents. Can you guess who is in the photos? Some were taken only 50-60+ years ago. Surely people haven't changed much!



There will be forms and an envelope for your guesses. Let's see how well you do. I will post the answers at the end of the month. Good luck.

People have been asking about the Pine Meadows dogs display. We will do it in August to celebrate "The Dog Days of Summer". If you have any ideas or collectibles along these lines, or any others, you would like to share, let me know at: 519 843-6244 or joycegiddings1@gmail .com.

Pine Meadows Ladies Group

Lois MacPherson

Last month I itemized the financial donations the Ladies Group (formerly Pine Needles Crafts) had made to our community, Groves Hospital and other charities over the past years. (\$76,365.00). We no longer are involved in raising money - but our ladies still make and donate afghans. To date we have made 1,476 afghans. During 2024 afghans were donated to Wellington Terrace, Groves Oncology Department and Caressant Care.

Anyone interested in helping with this project are reminded that the lap afghans are made with 4 ply wool and 36 inches square. If you have any questions, or need wool, contact Peggy Barton.

The plans for our Monday afternoon meetings during February are:

February 3: Chat with Linda Webster. Linda will discuss the process and things we need to think about when we want to sell our homes.

February 10: Carol Wood will guide us through making Apple Strudel, and we will have a tasting opportunity

February 17: Family Day - no meeting. Enjoy time with your family.

February 24: Purge Day, (bring items you no longer want, and someone else might use. Unclaimed items go to New To You) plus Elke will guide us in making another card. Ladies attending are welcome to bring their projects to work on.

. Thoughts from Aging Well Calendar, debunking the myths of growing old.

Thoughts from Aging Well Calendar, debunking the myths of growing old.

"No one tells the oceans or the trees or the mountains that they're too old. They talk of how powerful, how grounded, how awesome they are...imagine if we thought the same way about ourselves as we got older. Maybe then we'd realize how spectacular we are" - Becky Hemsley.

Hall rental and use

Chuck McCormack

It has come to the attention of the PMHA Board that the hall rental cost has not been addressed in years so we would like to clarify some information. Effective July 1st, 2025, the rental fees will be increasing as reflected below. Part of the increase is to cover the cost for cleaning services which has gone from \$75.00 to \$100.00. The fee is used to pay cleaners that are required by the Department of Health and Safety with any surplus monies going directly into our maintenance account.

There has also been some confusion on what constitutes a Private Event as opposed to a Pine Meadows Resident one.

There are 2 types of Private Events, and they are explained as follows:

The first is one that is organized by a resident, (i. e. a gathering of some kind that a resident plans which includes friends, family and possibly select members of this community). This event requires completion of a rental agreement, a payment of \$175.00, and the resident must be in attendance.

The second is one that a resident/member of Pine Meadows promotes, but the event is for an external business or social club. This event requires completion of a rental agreement, including a payment of \$225.00. The resident/member must be in attendance.

A Pine Meadows Resident Event is one that is planned for and open to all residents of Pine Meadows. This event requires completion of a rental agreement but no fee.

The above-mentioned fees will not take effect until July 1, 2025. Until that date the fee will remain at \$150.00.

The Pine Line

The Pine Line is the monthly newsletter of Pine Meadows residents and is produced for the Pine Meadows Homeowners' Association by the Pine Line Team which currently consists of:

Coordinators/Editors: Linda Webster and Perry Adams.

Pine Line Committee Members: Anne Chery, Joyce Giddings, Heather Denomy, Myra Manning, Grant Swift and Nancy Ottewell.

The submission deadline for the December issue, is the 14th of the month. The deadline for the remainder of the months is the 21st. While a high priority is to include all submissions, space requires that some submissions be omitted, or delayed to a future edition of The Pine Line

Koffee Klatch

Jackie Piercey



February 5th

Social Time (You Tube)

10 Tips to Keep your Brain Young by Elizabeth Amini 15:40



February 12th

Wendy from “Wendy’s Favourite Things” will give us some history about her cozy curio shop in Belwood as well as her 25 years of catering.



February 19th

Social Time (You Tube)

Dry Bar Comedy “You Will Immediately Regret Working Out” with Cleto Rodriguez 36:33



February 26th

Social Time (You Tube)

Dementia is Preventable through Lifestyle Start Now
Ted Talk by Max Lugavere

WINTER COAT DRIVE

Judy and Ken Busch

Thankyou! Thankyou! Thankyou!

Close to 100 coats were donated. Plus boxes and boxes of scarves, hats and mitts. Not to mention 4 large garbage bags full of boots. We filled the Salvation Army truck. He said that he had given the last of their coats away that morning.

What a wonderful generous community we live in.





Pine Meadows Homeowners' Association – Events Calendar



FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5 KK- You Tube Keep Brain Young	6 1 pm VON Osteoporosis starts	7	8
9	10	11	12 KK- Wendy's Favourite Things	13	14 Valentines Day 	15 6 pm Pot Luck Supper
16	17	18 2 pm Chair Yoga Starts	19 KK - You Tube Regret Working Out	20	21	22
23	24	25	26 KK - You Tube Dementia is Preventable	28	29	
	Safety/Security Barry Wood	Open Swim & Children Allowed Pool hours: 2:30 - 6:00 p.m. daily (4:00 – 6:00 pm on Thursdays)		Reservations & Kitchen Committee - Heather Waring		
11:00 French Club	8:30 Walk for Fitness 9:00 Water Aerobics 9:00 Wood Carving 10:00 Water Aerobics 11:30 SMART Program 12:00 Billiards – Men 1:00 Men's Aquafit 1:30 Ladies Group 7:00 Billiards – Men	9:00 Water Aerobics 10:00 Tai Chi 10:00 Water Aerobics 11:15 Pool Volleyball 1:00 Billiards – Men 1:00 Men's Aquafit 2:00 Chair Yoga 1:30 Bridge 7:00 Mixed Darts 7:00 Poker	8:30 Water Aerobics 9:30 Koffee Klatch 11:30 SMART Program 1:00 Men's Aquafit 7:00 Euchre (2 nd and 4 th Wednesday) Bid Euchre (1 st , 3 rd and 5 th Wednesday)	9:00 Water Aerobics 9:30 ROMEOS 10:00 Water Aerobics 11:15 Pool Volleyball 1:00 Men's Aquafit 1:00 VON Sessions 2:00 Ladies Billiards Line Dancing 1:30 Beginners 2:00 All dancers 2:00 – 4:00 pm Pool Cleaning	8:30 Walk for Fitness 9:00 Water Aerobics 10:00 Bridge 10:00 Water Aerobics 11:30 SMART Program 12:00 Billiards – Men 1:00 Men's Aquafit 1:00 Cribbage 4:00 Happy Hour	7:00 Mixed Billiards